



# Kaizens 12 Guitar Steps

Small Improvements. Massive Musical Growth.

1. Future Self & Levelling Up	2. Awareness – Identify the Problem (80/20 Rule)	3. Set Small, Achievable Goals
4. Analyze the Current Process & Break It Down	5. Generate Solutions & Develop Potential Improvements	6. Improve One Area at a Time
7. Let Go of Old Habits	8. Embrace Imperfection	9. Reflect and Refine
10. Stay Curious	11. Keep Your Ego in Check	12. Be Kind to Yourself

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Practice with purpose. Practice Kaizen.